Caring is our way of life

Zetland Court 128 Alumhurst Road, Bournemouth, BH4 8HU

Tel: 01202 769169 Email: zetland@rmbi.org.uk

www.rmbi.org.uk

facebook.com/thermbi

twitter.com/thermbi

Zetland Court is regulated by the Care Quality Commission. National Correspondence: Citygate, Gallowgate, Newcastle NE1 4PA Tel: 03000 616161

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Kind Supportive Trusted





# Caring for you

Originally built in the 1840s and set amongst landscape gardens, Zetland Court provides residential care, nursing and residential dementia support for up to 71 residents with permanent care or short stay respite breaks. The Home is just a short walk away from the sandy beaches in Bournemouth.

Here at Zetland Court, you will have a spacious, fully furnished bedroom and a dedicated team to support your care needs.

Among other features, you can also enjoy:

- Wonderful grounds with a beautifully maintained garden, as well as a bar and a shop.
- Our minibus supports residents to stay connected with their communities, from trips to the beach and other areas of interest.



66 My mother has been at Zetland Court for six months and is happier than she has been for several years. This is definitely due to the wonderful staff!

Daughter of a resident, carehome.co.uk review



# What you can enjoy

We work with you to create a care plan that meets your needs. We're here to help you live the life you want, knowing that support is on-hand if you need it, day and night.

#### Fresh homemade food

Our varied menu changes regularly to give you a wide range of delicious meal options and a balanced diet. However, tasty and healthy meals are only one part of our dining experience. Great service by staff who genuinely care is just

as pivotal, whether it is our on-site chef team blending the finest flavours or our care staff making time for a friendly word as they serve. Our dining service is designed to provide residents with meals they can look forward to.

#### There's something for everyone

At Zetland Court, we believe that keeping active both mentally and physically allows our residents to experience wellbeing. That's why we provide a myriad of activities for them to enjoy:

- Arts and crafts
- Gardening
- Sing-a-longs
- Cooking and baking sessions
- Visits from local schoolchildren
- Zumba classes

We can also support you to continue enjoying your own hobbies and interests, and we are confident we'll have something that's just right for you.

#### Invite family and friends

There are several indoor and outdoor spaces where you can host events with your loved ones. We can help to plan private get-togethers or special occasions at the Home if you wish.



# Types of care

Making the decision to move into a care home doesn't have to be difficult. We're here to support you every step of the way.

#### Residential care

Residential care is provided for people who can no longer continue to live at home. It can help them to live safely, whilst giving their family peace of mind, knowing that you are in a supportive environment. We can accommodate up to 39 people with residential care.

#### Nursing care

Our nurses are trained to deliver a more specialist level of support, which promotes health and wellbeing. This type of care is for anyone who requires 24 hours support from a Registered Nurse. We can support up to 10 people with nursing care.

#### Residential dementia support

Zetland Court offers a residential dementia support service for up to 18 people.

We believe that people living with dementia can still lead an active and fulfilled life, so we aim to start from a position of 'what a person can do' and how we can support them.

We work with each resident, their family and loved ones to explore what is important to them, and try where possible to incorporate this into their lives from a holistic approach.

We invest in our caring staff members and ensure they have the necessary skills to care for and support our residents living with dementia. Some of the training our staff undertake include:

- Dementia Awareness accredited by Alzheimer's Society
- Virtual Dementia Tour
- Enhanced Dementia Modules

We also work across communities and other dementia organisations to share good practice and ensure we are always learning more about new models of care.

#### Short stay and respite care

Short stay breaks, including respite care, are available to people who are cared for in their own homes. They allow families or carers to have a rest from taking care of a loved one and allows a person to enjoy different activities and socialise with others.

#### Palliative care

Caring for someone during the final days of their life requires specialist skills and understanding. We are committed to making sure that our end of life care respects and upholds a person's dignity.

#### Using the latest technology

We use advanced software to record our medication processes easily. Our staff have access to our residents' profiles and care plans, and add progress notes and specific records as necessary.

Our electronic devices can also be used to convert speech into text, enabling our residents, their families and professionals to "have a voice" within the care planning process.



# One loving family

What makes Zetland Court special is the stories of our beloved residents and caring staff members. Together, they make this Home a place where people become friends, and friends become family.

At Zetland Court, you can make friends and be part of the residents' social life. Attend afternoon teas together, join in fundraising activities to support local groups, go for a stroll across the Home's beautiful grounds or simply enjoy the art of conversation.





You can also celebrate special moments and occasions with your loved ones, and our staff will do everything they can to accommodate your requests.

When resident Nina turned 101, our staff arranged a special celebration for her. She enjoyed a small gathering and was presented with a cake and flowers.

surprise on Nina's face when she received her amazing cake and flowers was wonderful. It lifted the spirits of all residents and staff involved.

lain Slack, Home Manager

## Culture and vision

Zetland Court is operated and managed by The Royal Masonic Benevolent Institution Care Company (RMBI Care Co.) It is also regulated by the Care Quality Commission (CQC).

RMBI Care Co. provides residential care, nursing care and residential dementia support to older Freemasons, their families and people in the wider community. We have been caring for older people for over 180 years and today, we support over 1,000 residents across 17 care homes in England and Wales with a focus on wellbeing and quality outcomes.

We treat each person as an individual. We believe that everyone should be able to enjoy later life and we are here to help our residents stay as independent as possible. Above all, we live by our three core values – kind, supportive and trusted. RMBI Care Co. is part of the Masonic Charitable Foundation.



#### The Association of Friends

The Association of Friends are independent charities made up of volunteers, which exist to support each of our care homes.

The Home's Association of Friends works closely with Zetland Court, supporting residents and staff by organising events and fundraising for different activities to help enhance our residents' lives.

◀ lain Slack, Home Manager at Zetland Court.

## Our awards



The Royal Masonic Benevolent Institution Care Company (RMBI Care Co.)

Top Mid-size Care Home Group 2022



Albert Edward Prince of Wales Court, Porthcawl Top 20 Care Home in Wales Harry Priestley House, Doncaster Top 20 Care Home in Yorkshire & The Humber



The Royal Masonic Benevolent Institution Care Company (RMBI Care Co.) Learning at Work Week Impact Awards 2022



Prince George Duke of Kent Court, Chislehurst Great British Care Awards 2020

#### Continuous recognition

In 2022, RMBI Care Co. was awarded the 'Top 20 Mid-size Care Home Groups 2022' Award by leading UK care home directory carehome.co.uk for the fifth year running.

Within the portfolio, Albert Edward Prince of Wales Court, in Porthcawl, and Harry Priestley House, in Doncaster, were recognised in 2022 as 'Top 20 Care Homes' in Wales and Yorkshire & The Humber, respectively.

These awards are based on reviews and recommendations received on the site from residents, their families and friends.

#### Ensuring professional development

We invest in providing excellent training and development opportunities for our staff members. Over the years, this continued support and effort has shown our learning and development offering to be of award winning status.

Recognition has been seen from the Learning at Work Week 2022, the National Care Awards 2020, and the HR Excellence Awards 2021 as finalists for the Best Learning and Development Strategy, among other acknowledgments.

## Our Homes

### Albert Edward Prince of Wales Court

Penylan Avenue, Porthcawl, Mid Glamorgan CF36 3LY Tel: 01656 785311 Email: albertedward@rmbi.org.uk

#### **2** Barford Court

157 Kingsway, Hove BN3 4GR Tel: 01273 777736 Email: barford@rmbi.org.uk

#### **3** Cadogan Court

Barley Lane, Exeter, Devon EX4 1TA Tel: 01392 251436 Email: cadogancourt@rmbi.org.uk

#### **4** Connaught Court

St Oswalds Road, Fulford, York YO10 4FA Tel: 01904 626238 Email: connaught@rmbi.org.uk

#### **5** Cornwallis Court

Hospital Road, Bury St. Edmunds, Suffolk IP33 3NH Tel: 01284 768028 Email: cornwalliscourt@rmbi.org.uk

#### **6** Devonshire Court

Howdon Road, Oadby, Leicester LE2 5WQ Tel: 01162 714171 Email: devonshire@rmbi.org.uk

#### **7** James Terry Court

90 Haling Park Road, South Croydon, Surrey CR2 6NF Tel: 020 8688 1745 Email: jamesterry@rmbi.org.uk

### 8 Prince Philip Duke of Edinburgh Court

Mole Road, Sindlesham, Wokingham, Berkshire RG41 5EA Tel: 01189 787496 Email: princephilip@rmbi.org.uk

### Prince Edward Duke of Kent Court

Stisted Hall, Kings Lane, Stisted, Braintree, Essex CM77 8AG Tel: 01376 345534 Email: stistedhall@rmbi.org.uk

## 10 Prince George Duke of Kent Court

Shepherds Green, Chislehurst, Kent BR7 6PA Tel: 020 8467 0081 Email: princegeorge@rmbi.org.uk

### **11** Prince Michael of Kent Court

Stratford Road, Watford, Hertfordshire WD17 4DH Tel: 01923 234780 Email: princemichael@rmbi.org.uk

#### **12** Queen Elizabeth Court

Clarence Drive, Craig-y-Don, Llandudno, Conwy LL30 1TR Tel: 01492 877276 Email: queenelizabeth@rmbi.org.uk

#### **B** Scarbrough Court

Alexandra Way, Cramlington, Northumberland NE23 6ED Tel: 01670 712215 Email: scarbrough@rmbi.org.uk

#### **4** Shannon Court

Shannon Court Road, Hindhead, Surrey GU26 6DA Tel: 01428 604833 Email: shannon@rmbi.org.uk

#### 15 The Tithebarn

Moor Lane, Great Crosby, Liverpool L23 2SH Tel: 0151 924 3683 Email: tithebarn@rmbi.org.uk

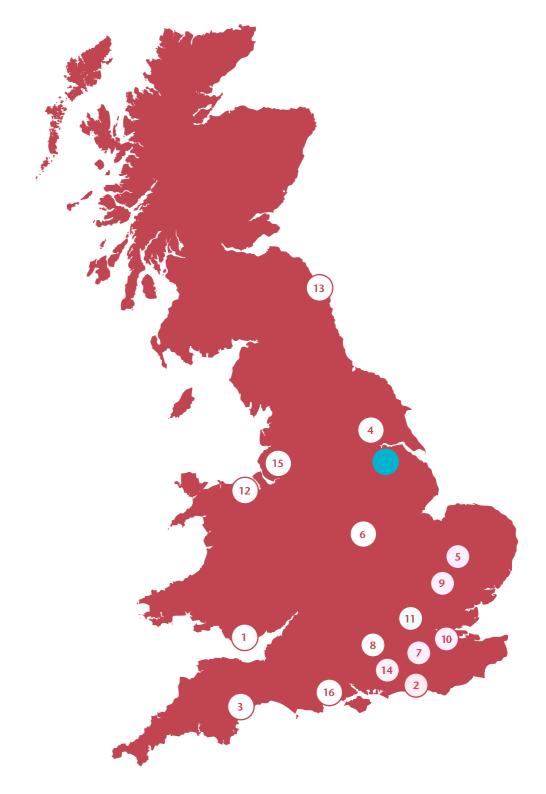
#### **16** Zetland Court

128 Alumhurst Road, Westbourne, Bournemouth BH4 8HU Tel: 01202 769169 Email: zetland@rmbi.org.uk

## Care for adults with learning disabilities

#### **Harry Priestley House** •

30 Fieldside, Thorne, Doncaster DN8 4BQ Tel: 01405 814777





66 My father went to Zetland Court for a month's respite. The care he received was outstanding on every level. I cannot thank them enough.

Daughter of a resident, carehome.co.uk review

# Apply today

#### How to apply

If you would like to apply to live at Zetland Court, please contact us on **01202 769169** or email **zetland@rmbi.org.uk**. Please see our Eligibility Guide in the Apply for Care section of our website.

#### Funding your care

Which? online provides a useful tool to support people with information on the different payment options; visit www.which.co.uk/later-life-care for more details. You can also get in touch with the Home Manager of your nearest Home to discuss the application process, including our eligibility criteria and funding options.

#### What happens next?

If you're ready to take the step to move into our Home, an assessment will be carried out to help us understand your needs and how we can support you. If a space is available and we can meet your care needs, we'll offer you a room. The fee covers accommodation, meals and care, and this may change if your needs change.

Please get in touch if you want to find out more.

